



**DALLAS ARBORETUM
AND BOTANICAL GARDEN**

FOR IMMEDIATE RELEASE

Photos available upon request

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**Food Themed Holiday Activities Abound at the Dallas Arboretum's
A Tasteful Place**

DALLAS, Texas – Winter 2017 – Fall and winter holidays mean food, festivities and fun, and the Dallas Arboretum's newest garden, A Tasteful Place, features plenty of food-related activities and events to whet one's appetite. These include activities in the Test Pavilion each day whether vendor or chef demonstrations, complimentary tastings all free of charge, with all admission and cooking classes for an additional charge. Additional activities include gingerbread house decorating, an "adults only" holiday brunch cooking class, horticultural talks and harvesting each day.

Dave Forehand, Dallas Arboretum vice president of gardens, said, "Food is such a big part of the holidays, and we invite visitors to experience a taste of the holidays at A Tasteful Place with plenty of festive events."

A Tasteful Place Winter Activities:

Seasonal Tastings

Daily, 10 a.m. - 4 p.m.

Ruthie Pack's Tasting Plaza

Guests can try three tasty samples of items that are currently growing in in the garden such as pak choi, cilantro, onion, garlic, brussel sprouts, broccoli, cauliflower, celery and lettuce.

Cooking Competition

Saturdays, 11:30 a.m.-1 p.m.

A Tasteful Place Test Pavilion

Bragging rights are up for grabs in a friendly competition aimed at amateur chefs ages 15+ visiting the garden that day. Full details are available at <http://www.dallasarboretum.org/named-gardens-features/a-tasteful-place>.

November 11 Sweet Potato Dish
November 18 Herb and Spice Dressing
November 25 Christmas Cookies
December 2 Potato Side Dish
December 9 Beet Salad
December 16 Pumpkin Soup
December 23 Corn Soup
December 30 Turkey Sandwich
January 6 Ham and Bean Soup

El Centro College Cooking Connection

Presented by the Food and Hospitality Institute at El Centro College

November 6, 13, 20 & 27

December 4, 11 & 18

10-11 a.m.

A Tasteful Place Test Pavilion

Participate in a demonstration cooking class, taught by instructors from a nationally recognized culinary school, designed to refine kitchen skills and showcasing seasonal produce found in A Tasteful Place.

*Free to garden guests thanks to El Centro College, a part of Dallas County Community College District.

November Menu:

Roasted Fennel and Cauliflower Soup

Brussel Sprouts Caesar Salad

December Menu:

Warm Leeks served with chunky red wine vinaigrette

Winter Fruit & Kale Salad - oranges, apples, walnuts, cilantro-lime-champagne vinaigrette

Let's Get Cooking Demos

November 5, December 17 & January 14

3 to 5 p.m.

A Tasteful Place Test Pavilion

\$65

Chef Valerie Jacobs of Let's Get Cooking will offer three classes where participants can watch, listen, laugh, learn and have a sample taste. Experience new techniques, recipes or perhaps a new cuisines in a fun and entertaining way.

November menu:

Cauliflower & Leek Pan-Fried Dumplings (Pot stickers)

Roasted Sweet Potatoes & Brussel Sprouts with Cranberries
Cheesy Broccoli Casserole with Crispy Onion Frizzles

December menu:

Stir-Fried Sesame Ginger Pak Choi with Cauliflower Fried Rice
French Onion Soup Stuffed Mushrooms
A Taste of the South - Spicy White Beans & Collard Greens

Savor the Flavor Series

Presented by Texas Woman's University (TWU)

Select Dates, 10-11 a.m.

A Tasteful Place Test Pavilion

Join TWU instructors and students as they share easy and immediately impactful food tips. Guests learn proven ways to incorporate seasonal vegetables and herbs into a daily diet while simultaneously using time and cost saving tips designed to maximize the budget. Enjoy a sample of their recipes at the end of their talk.

November 8 Happy, Healthy Greens

November 11 Eat Lean, Save Green

November 18 Fueling for Fitness

November 29 Savor the Flavor of Fall Spices and Herbs

*Free of charge to garden guests thanks to the generosity of Texas Woman's University.

Texas A&M Agrilife Extension Service Series

Mulling over what to make for dinner tonight, and what veggies are in season? Discover healthy recipes from Master Wellness volunteers with Texas A&M Agrilife Extension Service-Dallas County. Free of charge.

November 19 at 10 a.m. - Butternut Squash Nachos

December 7 at 10 a.m. (check <http://www.dallasarboretum.org/a-tasteful-place> for details)

Just a Taste

A Tasteful Place Test Pavilion

Drop in to enjoy a presentation by local food vendors of fresh and sometimes seasonal products as they talk for a two hour period. Guests may purchase the product at the end of the demonstration.

Becerra's Tamales -Enjoy tamales made by Victor Valdez, Award Winning Tamale Chef & Salsa Expert.

December 10, 11 a.m.

Chef-Tastic!

A Tasteful Place Test Pavilion

See how the pros do it, and sample a small bite of the fruits of their labor, too. Renowned chefs take center stage in the demo kitchen, creating special dishes featuring seasonal vegetables from the garden. Check the website for additional appearances. Free of charge.

December 9, 11 a.m.-1 p.m. - Chef David Gauthier, Smoky Rose

December 12, 11 a.m.-1 p.m. - Chef Daniele Puleo, CiboDivino

Gingerbread House Decorating

Presented by Taste Buds Kitchen, Southlake

Sunday, December 17, 10 a.m. to Noon

\$50 per house

A Tasteful Place Test Pavilion

Celebrate the season with family bonding and gingerbread fun. Parent and child pairs work together to design and decorate gingerbread houses. Enjoy endless decorating options, from frosted candy roofs to pretzel picket fences, while listening to cheerful holiday tunes.

Heritage Recipe Swap

Every Thursday, 10 a.m.-Noon

Information Booth

Guests can discover new recipes and share favorites. Drop off a recipe before 10 a.m. using the weekly topic and return at noon to pick-up copies of all recipes shared that day.

November 9 Brussel Sprouts

November 16 Okra

November 30 Fruit Cookies

December 7 Okra Dishes

December 14 Chicken

December 21 Ham Dish

December 28 Corn Casserole

January 4 Baked Squash

About the Dallas Arboretum and Botanical Garden:

The Dallas Arboretum and Botanical Garden is located on the southeastern shore of White Rock Lake at 8525 Garland Road, Dallas, Texas 75218. The Dallas Arboretum is also the home of the internationally acclaimed Rory Meyers Children's Adventure Garden. It is open daily from 9 a.m.-5 p.m. *The Dallas Morning News* is the principal partner of the Dallas Arboretum. The Arboretum is supported, in part, by funds from the Dallas Park and Recreation Department. WFAA is an official media sponsor for the Dallas Arboretum.

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