

RECIPE

Hero Vegetable: Plum

Plum and Cucumber Pico

Ingredients:

1 cup plums, deseeded and diced

2 cups cucumber, diced

1 yellow or orange bell pepper, diced

1 small onion, small diced

1 small bunch cilantro, roughly chopped

1 house tomato, seeded and diced

1 jalapeno, minced

Juice of 1 lime

Salt to taste

Directions:

Combine all the ingredients in a bowl and allow to sit for 10 minutes before serving.