

## **RECIPE**

Hero Vegetable: Broccoli

## **Broccoli Salad**

## Ingredients:

1 head broccoli, diced
1 small red onion, diced
1 cup dried cranberries or raisins
1 cup nuts, chopped
15 oz garbanzo beans, cooked
1 cup honey Dijon mustard
Salt and pepper to taste

## Directions:

Mix all the ingredients together in a large bowl. Let sit for 30 minutes so all the flavors come together and serve.