



A TASTEFUL PLACE
AT THE DALLAS ARBORETUM

RECIPE

Hero Vegetable: **CELERY**

Celery Grape Pineapple Juice

Ingredients

4 stalks celery with ends removed

1 cup white grapes

½ cup pineapple, skin and core removed

Directions

In a juicer, juice all ingredients. Pour juice over ice.

*Don't have a juicer, blend all ingredients in a blender instead. The result will have more texture. Add a ¼ cup yogurt to the blender to get an instant smoothie.