

RECIPE

Hero Vegetable: Cilantro

Cilantro Pesto

Ingredients
2 cups cilantro leaves
½ cup olive oil
4 large garlic cloves
1/4 cup toasted walnuts
1/2 teaspoon salt
1 teaspoon cracked black pepper
2 tablespoons Parmesan cheese

Directions:

In a food processor or blender combine the first 6 ingredients. Process until smooth.

Transfer the mix to a bowl and stir in the Parmesan cheese.