

RECIPE

Celery and Apple Salad

Serves 8

Ingredients:

1/4 cup lemon juice, fresh

1/4 cup Dijon mustard

5 tsp honey

3/3 cup olive oil, extra virgin

1 large bunch of celery, peeled, leaves picked and saved

2 large granny smith apples, peeled, quartered, cored

34 cup walnuts, toasted and chopped

Directions:

Thinly slice peeled celery in diagonals. Place the celery in a bowl of ice water to crisp up.

Thinly cut the apple to mimic the celery in size.

Whisk the lemon juice, mustard and honey together. Whisk in oil then season with salt and pepper.

Drain the celery. And pat dry in between towels.

In a large bowl, combine celery, celery leaves, apples and walnuts. Add vinaigrette and toss to coat. Season with salt and pepper