

RECIPE

Hero Vegetable: Tomato

Watermelon Tomato Sorbet

Ingredients:

6 cups watermelon, roughly chopped6 tomato, roughly chopped1 cup sugar2 sprigs of mint(optional)

Directions:

Combine all the ingredients in a container and let sit for 30 minutes to an hour. Blend the mixture in a food processor until smooth. Place in a freezer safe container and freeze for 2hours. Remove from the freezer every half hour for the next two hours to give it a good stir, breaking up the ice crystals. Place back in the freezer for another couple hours or overnight.