



A TASTEFUL PLACE
AT THE DALLAS ARBORETUM

RECIPE

Hero Vegetable: Peaches

Peaches and Cream Pecan Ice Cream

Ingredients:

4 large ripe peaches, diced or pureed
1 cup pecans, chopped
2 cups heavy cream
15 oz sweetened condensed milk
½ -1 cup sugar
1 tsp vanilla

Directions:

Place the heavy cream in an electric mixer. Beat at medium speed for about 5 minutes until soft ribbons form. In the meantime, combine the remaining ingredients in a mixing bowl. Once the heavy cream is ready, pour the peach mixture into the cream. Mix until well combined. Pour into a freezer safe container. Freeze for four hours to overnight.

*Adjust the amount of sugar according to how ripe(sweet) the peaches are.