

RECIPE

Hero Vegetable: Apples

Easy Apple Butter BBQ Sauce

Ingredients:

2 cups apple butter ½ cup hickory liquid smoke 1/3 cup brown sugar 2 tsp yellow mustard

Directions:

Combine all the ingredients in a 2-quart sauce pot. Simmer for 5 minutes, stirring occasionally. Use to baste beef, chicken, or pork.