

RECIPE

Beet & Cabbage Slaw

Serves 6-8

Ingredients:

- 1 head green cabbage
- 8 carrots
- 4 beets (preferably candy cane/Chioggia)
- 1 bunch basil

Apple Cider Dressing

1/4 cup apple cider vinegar

34 cup olive oil

1 garlic clove diced

1 tsp Dijon

2 tbsp honey

2 tbsp water

Salt and pepper

Directions - Salad

- Cut cabbage in quarters, remove core. Slice very thinly
- Using a vegetable peeler, peel the outer skin of the carrots and beets
- Then use the peeler to peel into thin
- Place all vegetables in a bowl
- When ready to serve thinly slice basil, toss salad with some of the salad dressing
- Sprinkle basil over salad

Dressing

- · Combine all ingredients in a blender except olive oil
- · Drizzle olive oil into blender until combined