

RECIPE

Hero Vegetable: Figs

No Churn Fig Ice Cream with Almonds

Ingredients:

½ cups fresh figs, roughly chopped
¼ cup light brown sugar
¼ cup granulated sugar
2 cups heavy cream
14 oz sweetened condensed milk
½ cup sweet sherry or Madeira
½ cup Marcona almonds, roughly chopped

Directions:

Place the fig pieces and sherry in a saucepot. Cook over medium-high heat for about 10 minutes. If the mixture begins to thicken too quickly, add a couple tablespoons water and lower the heat slightly. Stir in both sugars and cook for another 5 minutes. Remove from heat. You can leave the fig mixture as is if you prefer a chunky consistency or you can pure the figs in a blender at this point. Refrigerate to cool completely. (You can make the figs a couple days ahead)

Once the fig mixture is completely cooled, beat the heavy cream until it begins to form soft ribbons. (Do not beat beyond this point or it will begin to curdle quickly) Pour in the fig mixture and chopped marcona almonds. Bleat for another 30 seconds and no more. Pour into a freezer safe container and freeze for at least four hours.