

## **RECIPE**

Hero Vegetable: Plums

Powidl (Austrian Plum Sauce)

## Ingredients:

5 ½ lbs Italian plums, roughly chopped ½ tsp ground cloves ½ tsp cinnamon 2 Tbs dark rum

## **Directions:**

Combine all the ingredients in a heavy bottomed pot over medium high heat. Bring to a boil. Keep at a low boil for 30 minutes. Lower heat. Cook for another 3 hours or until plums are broken down and juice has thickened. T test if preserves are ready, Place a small plate in the freezer for 10 minutes. Drop a small amount of preserves onto the plate and place in the refrigerator for another 10 minutes. If the preserves are thick, it's ready.

\*Traditionally Powidl is made without sugar but if your plums are tart, add a  $\frac{1}{4}$  cup of brown sugar.