

RECIPE

Hero Vegetable: Spinach

Spinach Basil Pesto

Ingredients:

1 cup spinach, packed 3⁄4 cup basil leaves, packed 1⁄2 cup almonds, toasted 1⁄4 cup parmesan cheese 3 cloves garlic 2 tsp lemon juice salt to taste olive oil

Directions:

In a blender or food processor, blend all the ingredients using a ¼ cup olive oil and a ½ teaspoon of salt to start. Add more olive oil until smooth. Refrigerate for a couple hours before serving so the flavors will come together. At first taste, this pesto will not have a pleasant flavor (it will be a bit bitter) so hold off adding salt until after the refrigeration time has lapsed. At this time, you'll notice the flavors have melded. Add salt if needed.