



A TASTEFUL PLACE
AT THE DALLAS ARBORETUM

RECIPE

Hero Vegetable: **Brussels Sprouts**

Mardi Gras Brussels Sprout Slaw

Ingredients:

3 cups Brussels sprouts, shredded
1 ½ cup red cabbage, shredded
1 yellow bell pepper, sliced thin
½ cup cilantro, roughly chopped
1 cup edamame
½ cup sweet vinaigrette dressing
¼ cup Italian parsley, chopped

Directions:

Combine all the dry ingredients in a mixing bowl then toss with sweet vinaigrette dressing.