

Mint Infused Peas

Ingredients

- 2 Tbsp oil or butter
- 3 green onions, sliced
- 1 lb shelled green peas
- ½ tsp salt
- 1 cup water
- 2 sprigs fresh mint (about 8-12 leaves)

Instructions

In a frying pan, heat the oil and green onions over medium heat. Sauté for about one minute. Add the green peas, salt, and water. Cook until the peas are tender. Roughly chop the fresh mint and stir them into the peas. Cook for another two minutes.

Surprisingly, the peas are not overwhelmed by the mint in this dish. The mint compliments the sweetness of the peas and enhances